

2016 WOX GRANT FINAL REPORT

The Polishing and Printing of a Book on Women's Leadership -
Leadership Mastery and Moxie in 30-Days: A Guide and Journal for Career Women

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Summary

As an outgrowth of- and companion piece to- the seminar "**A Women's Ignatian Leadership Salon**" developed in 2014 to facilitate personal reflection, small group conversation and peer support, the 2016 WOX grant was used to publish 500 copies of **Mastery and Moxie in 31 Days: A Guide & Journal for Career Women** (twice as many as proposed; see the Budget section).

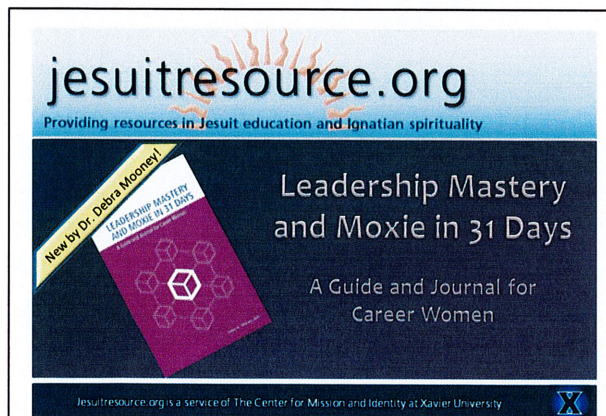
Background

Since awarded the WOX grant in May, the Journal was completed, edited and printed. The Journal includes information on 31 leadership factors (i.e., Be Bold, Virtuosity, Do The Math, Organize to Prioritize) each with an associated prompt for reflection on personal experience (i.e., Ignatian reflection) and a 'next step' to turn it into a habit.

In use

The Journal was off-the-press and in-hand on October 23, 2016. It was subsequently distributed to previous Salon participants, as well as Xavier women faculty and staff who participated in two subsequent Salons (October 27, November 17).

Reflecting Xavier's mission to reach-out to the local and national communities, the Journal was shared with women in Xavier's networks beyond the campus as part of two leadership development programs that I facilitated: the first, a Salon for fellow women Chief Mission Officers of the Association of Jesuit Colleges and Universities who gathered before the annual meeting of CMO's at St Louis University in November and, the second, for a community of women entrepreneurs in Cincinnati, EntreLeadership Mastery and Moxie, on January 18.



Additionally, at the request of an attendee at a Salon, a "Mastery and Moxie Group" of 8 women gathered weekly through February to share their reflections and experiences as each journaled through ¼ of the book each week.

Finally, in January, Xavier's JesuitResource.org e-newsletter (which is distributed to ~15,000 recipients within Jesuit circles) highlighted the Journal.

Feedback

From the Mastery and Moxie Group

** I appreciated the opportunity to reinvigorate and empower myself by journaling and gathering with an interesting and compassionate group of women.*

** My takeaway is that even though one may feel somewhat isolated in our own part of the campus, that there are other women on campus who feel the same way as I do. That support is there if you are able to reach out and grab it. That all work is meaningful and regardless of what one does that there are ways to lead and serve others without a specific job title or ranking. We can all be leaders! You just need the self-confidence to do it. I feel more confident now when I look in the mirror and see a leader. I'm still getting older, that hasn't changed.*

** I learned that being a leader doesn't have to be part of your job title, it can be the way that you present yourself and how you interact with others, and it can be meaningful to you as well as to those you interact with to be willing to take on a leadership role.*

From previous Saloners

** I really like the journal. For me, it's not just being a female, but also being a foreigner, I do need double dose of encouragement and reflection. Thank you so much!*

** The journal is Great. I want to share it with women colleagues for New Years. Can I buy 20 copies? [a former employee at Xavier]*

From 2016 Salon participants

** I recently attended your event for women, and I've completed five days of journaling in Leadership Mastery and Moxie in 31 Days. I feel like I'm growing and learning from the exercises – thank you! I'm jotting down notes about what's particularly impactful/difficult/etc., and I'll share my notes with you when I complete the book. I appreciate your contributions to our community.*

** I think it was fantastic.*

** I like the size and feel of this book/journal as it is light enough to carry in my purse and I can journal anywhere. I also appreciate the way you give information on the left hand side and leave room on the right side for notes, as it's easy to refer back to your information.*

Provincial Assistant for Jesuit Higher Education, Annual Report of 3/13/17

**...the Women's Salon was generated as an important development of M&I. This year Dr. Mooney created a workbook which evolved out of the salon experience and is titled Leadership Mastery and Moxie in 31 Days. It is a clever work and can be used in many ways and situations.*

It is important to note that the Salon was also part of a development out of GC34 Decree 14 and applied to Women's Ignatian Leadership. The Jesuit Conference took up this same idea in their

discussions (workbook number 5W) and indicated that there were opportunities to keep moving forward with placing women in positions of leadership. The workbook is a practical application of what was discovered in both experiences of women across higher education and what happens in the Salon. The ongoing reflection and development of M&I areas at Xavier shows regular creative application of what the Society is promoting and the translation into the culture of Xavier and beyond.

From the Communications Director at the AJCU

Hi Debra—I thought you would enjoy hearing that your book was just ordered by a Fordham staffer who read about it in last week's [AJCU] newsletter! (See attachment)

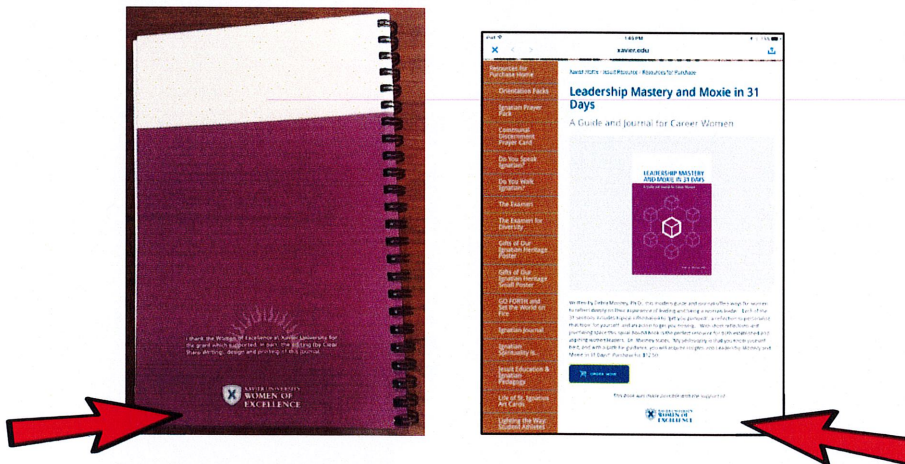
The Future

1) Xavier is hosting the 2017 annual meeting of the American Council on Education's Ohio Women's Network on November 2-3. The plan is to distribute the Journals to ~ 225 women leaders from Ohio colleges and universities who gather as a take-away from the host institution. The campus conference coordinator, Dr Rashmi Assudani, professor of management and entrepreneurship, is an ACE-OWN Board Member.

2) In consultation with Xavier's library staff and General Counsel, I am looking into obtaining an ISBN (international standard book number) for the Journal in order to sell it in book stores; proceeds will go to the University. Similarly, I am considering submitting it to a publishing house.

WOX Recognition

Since receiving the 2016 grant the Salon Powerpoint ends with a slide of the WOX grant logo and a verbal statement of appreciation to WOX. The back cover of the Journal shows the logo and a written statement of appreciation to WOX. In addition, the website that makes all of Xavier's mission and identity-related resources available to the Jesuit network at close-to-cost, includes a page with the Journal and the WOX logo and sentence of appreciation.



BUDGET

Editorial review from Clear Sharp Writing, LLC/Elizabeth Stockton, President

proposed: \$900

actual: \$1,200

\$300 x 4 editorial reviews of the 31 topics. Not only were grammar and clarity improved, but the 'next steps' addition was included at the suggestion of the editor. This added section was a structural improvement to the application of the Journal.

Graphic design, illustration and layout

proposed: \$1,500

actual: 0

Graphic design and lay-out was provided by Xavier's Communication officer, Tim Talbert.

Books printed at *Graphic Village*

proposed ~\$2,500 for 250 books

actual: 500 copies at \$8/book (two color, spiral bound) = \$3,996

Total = \$5196 (\$4,900 WOX grant + \$296 internal)

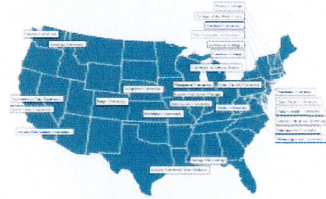
Movers & Shakers: Jesuit Faculty & Administrators in the News

This weekend, **Creighton University** will host faculty from Jesuit colleges and universities across the country for [Heartland/Delta Faculty Conversations](#), a gathering that will center on the theme "Difficult Conversations," the topic of the most recent issue of [Conversations on Jesuit Higher Education](#).

Santa Clara University is leading a unique partnership of nearly half of the nation's Jesuit colleges and universities, called the *Jesuit Post Doctoral Diversity Program Consortium*; click [here](#) to learn more.

A [Creighton University](#) professor is part of a research team from 15 institutions sequencing genetic ties to autism; a [Le Moyne College](#) professor has received the Gilder Lehrman Lincoln Prize for his book on black Civil War soldiers; [Loyola University Maryland](#)'s Executive Vice President has been named the first female president of Bellarmine University; a [Saint Louis University](#) scientist's research on biomarkers for pain has received support from The Mayday Fund; and [Xavier University](#)'s Chief Mission Officer has published a [leadership guide for women](#).

And even more faculty and student scholars were in the news this week: [The Chronicle of Higher Education](#) reported that seven Jesuit institutions were among the top producers of Fulbright Scholars for 2016-17: [Boston College](#), [College of](#)



Jesuit Institutions

[Boston College](#)
[Canisius College](#)
[College of the Holy Cross](#)
[Creighton University](#)
[Fairfield University](#)
[Fordham University](#)
[Georgetown University](#)
[Gonzaga University](#)
[John Carroll University](#)
[Le Moyne College](#)
[Loyola Marymount University](#)
[Loyola University Chicago](#)
[Loyola University Maryland](#)
[Loyola University New Orleans](#)
[Marquette University](#)
[Regis University](#)
[Rockhurst University](#)
[Saint Joseph's University](#)
[Saint Louis University](#)
[Saint Peter's University](#)
[Santa Clara University](#)
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[University of Detroit Mercy](#)
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