**Activity Sheet for The OneApp**

Use this form to list all co-curricular activities in which you have been involved during your Xavier career. Please specify the years and any leadership positions you have held. Include paid employment, volunteer positions, club involvement, internships, academic research, and any other information you deem relevant. First year applicants may use activities from high school as needed. You may add rows as needed to list all activities.

**Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  
 **Current and Past Activities (anything prior to and including the 2024-2025 academic year):**

|  |  |  |
| --- | --- | --- |
| **Activity** | **Leadership Position(s) Held** | **Years Involved** |
| *Example:*  *X-treme Fans (you can delete this example)* | *Board Member* | *2023-2024* |
|  |  |  |
|  |  |  |
|  |  |  |

**Anticipated Activities for the 2025-2026 academic year (new activities and activities on your current list that you plan to continue):**

|  |  |  |
| --- | --- | --- |
| **Activity** | **Anticipated Leadership Position(s)** | **How many hours per week do you anticipate this will require of your time?** |
| *Example:*  *Office of Admissions (you can delete this example)* | *Tour Guide/Ambassador* | *10 hours/week* |
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