

What Does the Bible Tell Us About Health, Healing, and Healthcare? ... and More

Collated by
Daniel McDonald, SJ & Debra Mooney, PhD



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Stories on healing

Jesus heals a man with leprosy

~ MATTHEW 8:1-4

When Jesus came down from the mountainside, large crowds followed him. A man with leprosy came and knelt before him and said, “Lord, if you are willing, you can make me clean.”

Jesus reached out his hand and touched the man. “I am willing,” he said. “Be clean!” Immediately he was cleansed of his leprosy. Then Jesus said to him, “See that you don’t tell anyone. But go, show yourself to the priest and offer the gift Moses commanded, as a testimony to them.”

The healing faith of the Centurion

~ MATTHEW 8:5-13

When Jesus had entered Capernaum, a centurion came to him, asking for help. “Lord,” he said, “my servant lies at home paralyzed, suffering terribly.” Jesus said to him, “Shall I come and heal him?”

The centurion replied, “Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed. For I myself am a man under authority, with soldiers under me. I tell this one, ‘Go,’ and he goes; and that one, ‘Come,’ and he comes. I say to my servant, ‘Do this,’ and he does it.”

When Jesus heard this, he was amazed and said to those following him, “Truly I tell you, I have not found anyone in Israel with such great faith. I say to you that many will come from the east and the west, and will take their places at the feast with Abraham, Isaac and Jacob in the kingdom of heaven. But the subjects of the kingdom will be thrown outside, into the darkness, where there will be weeping and gnashing of teeth.”

Then Jesus said to the centurion, “Go! Let it be done just as you believed it would.” And his servant was healed at that moment.

Originally presented at the 2024 Faith, Justice and Reconciliation Assembly

Dedicated to the memory of Fr Charles B. Moulinier, S.J., founder and first president of the Catholic Hospital Association of the United States and Canada in 1915

The healing of a man who could not move his body

~ MATTHEW 9: 1-7

Jesus got into a boat. He crossed over to the other side and came into His own city. They took a man to Him who was on his bed. This man was not able to move his body. Jesus saw their faith. He said, “Son, take hope. Your sins are forgiven.” Some of the teachers of the Law said to themselves, “This man speaks as if He is God, but He is not!” Jesus knew what they were thinking. He said, “Why do you think bad thoughts in your hearts? Which is easier to say, ‘Your sins are forgiven,’ or to say, ‘Get up and walk?’ But this is to show you that the Son of Man has power on earth to forgive sins.” He said to the sick man, “Get up! Take your bed and go home.” He got up and went to his home.

Jesus heals many

~ MARK 1:29-31

As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. Simon’s mother-in-law was in bed with a fever, and they immediately told Jesus about her. So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

Jesus forgives and heals a paralyzed man

~ MARK 2:1-12

A few days later, when Jesus again entered Capernaum, the people heard that he had come home. They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. Some men came, bringing to him a paralyzed man, carried by four of them. Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. When Jesus saw their faith, he said to the paralyzed man, “Son, your sins are forgiven.”

Now some teachers of the law were sitting there, thinking to themselves, “Why does this fellow talk like that? He’s blaspheming! Who can forgive sins but God alone?”

Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, “Why are you thinking

these things? Which is easier: to say to this paralyzed man, ‘Your sins are forgiven,’ or to say, ‘Get up, take your mat and walk’? But I want you to know that the Son of Man has authority on earth to forgive sins.” So he said to the man, “I tell you, get up, take your mat and go home.” He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, “We have never seen anything like this!”

A hearing miracle is performed

~ MARK 7: 31-37

Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis.

And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man’s ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, “Ephphatha!” (that is, “Be opened!”) And immediately the man’s ears were opened, his speech impediment was removed, and he spoke plainly.

He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished and they said, “He has done all things well. He makes the deaf hear and the mute speak.”

Jesus heals many

~ LUKE 4:38-40

Jesus left the synagogue and went to the home of Simon. Now Simon’s mother-in-law was suffering from a high fever, and they asked Jesus to help her. So he bent over her and rebuked the fever, and it left her. She got up at once and began to wait on them. At sunset, the people brought to Jesus

St. Luke was a medical physician and an historian who traveled with St. Paul.

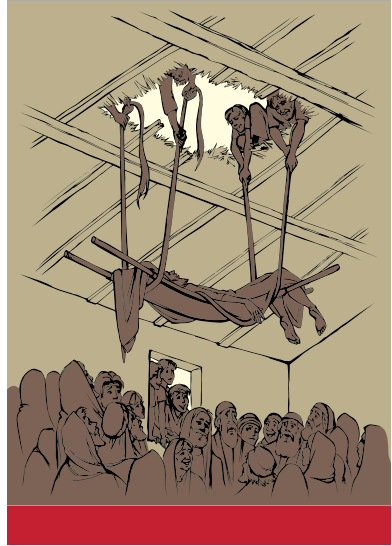
St. Paul calls him **“the beloved doctor”** in Colossians (4:14). St. Luke authored both his Gospel and the Acts of the Apostles. According to Catholic Church tradition, he performed many healing miracles.

all who had various kinds of sickness, and laying his hands on each one, he healed them.

Jesus forgives and heals a paralyzed man

~ LUKE 5:17-26

One day Jesus was teaching, and Pharisees and teachers of the law were sitting there. They had come from every village of Galilee and from Judea and Jerusalem. And the power of the Lord was with Jesus to heal the sick. Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus.



When Jesus saw their faith, he said, “Friend, your sins are forgiven.”

The Pharisees and the teachers of the law began thinking to themselves, “Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?”

Jesus knew what they were thinking and asked, “Why are you thinking these things in your hearts? Which is easier: to say, ‘Your sins are forgiven,’ or to say, ‘Get up and walk’? But I want you to know that the Son of Man has authority on earth to forgive sins.” So he said to the paralyzed man, “I tell you, get up, take your mat and go home.” Immediately he stood up in front of them, took what he had been lying on and went home praising God. Everyone was amazed and gave praise to God. They were filled with awe and said, “We have seen remarkable things today.”



Jesus heals in response to faith

~LUKE 8:40-56

On the other side of the lake the crowds welcomed Jesus, because they had been waiting for him. Then a man named Jairus, a leader of the local synagogue, came and fell at Jesus' feet, pleading with him to come home with him. His only child, a daughter, who was about twelve years old, was dying.

As Jesus went with him, he was surrounded by the crowds. A woman in the crowd had suffered for twelve years with constant bleeding, and she could find no cure. Coming up behind Jesus, she touched the fringe of his robe. Immediately, the bleeding stopped.

“Who touched me?” Jesus asked.

Everyone denied it, and Peter said, “Master, this whole crowd is pressing up against you.”

But Jesus said, “Someone deliberately touched me, for I felt healing power go out from me.” When the woman realized that she could not stay hidden, she began to tremble and fell to her knees in front of him. The whole crowd heard her explain why she had touched him and that she had been immediately healed. “Daughter,” he said to her, “your faith has made you well. Go in peace.”

While he was still speaking to her, a messenger arrived from the home of Jairus, the leader of the synagogue. He told him, “Your daughter is dead. There’s no use troubling the Teacher now.”

But when Jesus heard what had happened, he said to Jairus, “Don’t be afraid. Just have faith, and she will be healed.”

When they arrived at the house, Jesus wouldn’t let anyone go in with him except Peter, John, James, and the little girl’s father and mother. The house was filled with people weeping and wailing, but he said, “Stop the weeping! She isn’t dead; she’s only asleep.”

But the crowd laughed at him because they all knew she had died. Then Jesus took her by the hand and said in a loud voice, “My child, get up!” And at that moment her life[h] returned, and she immediately stood up! Then Jesus told them to give her something to eat. Her parents were overwhelmed, but Jesus insisted that they not tell anyone what had happened.

The picture-story of the good Samaritan

~ LUKE 10:30-37

Jesus said, “A man was going down from Jerusalem to the city of Jericho. Robbers came out after him. They took his clothes off and beat him. Then they went away, leaving him almost dead. A religious leader was walking down that road and saw the man. But he went by on the other side. In the same way, a man from the family group of Levi was walking down that road. When he saw the man who was hurt, he came near to him but kept on going on the other side of the road. Then a man from the country of Samaria came by. He went up to the man. As he saw him, he had loving-pity on him. He got down and put oil and wine on the places where he was hurt and put cloth around them. Then the man from Samaria put this man on his own donkey. He took him to a place where people stay for the night and cared for him. The next day the man from Samaria was ready to leave. He gave the owner of that place two pieces of money to care for him. He said to him, ‘Take care of this man. If you use more than this, I will give it to you when I come again.’”

“Which of these three do you think was a neighbor to the man who was beaten by the robbers?” The man who knew the Law said, “The

one who showed loving-pity on him.” Then Jesus said, “Go and do the same.”

Wellness and faith

~ LUKE 12:17-19

As he was going into a village, ten men who had leprosy met him. They stood at a distance and called out in a loud voice, “Jesus, Master, have pity on us!” When he saw them, he said, “Go, show yourselves to the priests.” And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus’ feet and thanked him—and he was a Samaritan. Jesus asked, “Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?” Then he said to him, “Rise and go; your faith has made you well.”

Healing on the sabbath

~ LUKE 14:1-6

One Sabbath, when Jesus went to eat in the house of a prominent Pharisee, he was being carefully watched. There in front of him was a man suffering from abnormal swelling of his body. Jesus asked the Pharisees and experts in the law, “Is it lawful to heal on the Sabbath or not?” But they remained silent. So taking hold of the man, he healed him and sent him on his way. Then he asked them, “If one of you has a child or an ox that falls into a well on the Sabbath day, will you not immediately pull it out?” And they had nothing to say.

The healing at the pool

~ JOHN 5:1-9A

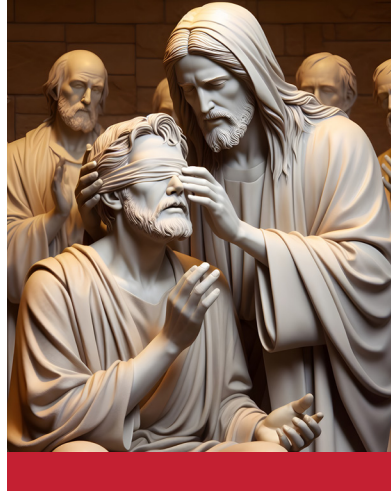
Some time later, Jesus went up to Jerusalem for one of the Jewish festivals. Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda[a] and which is surrounded by five covered colonnades. Here a great number of disabled people used to lie—the blind, the lame, the paralyzed. One who was there had been an invalid for thirty-eight years. When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, “Do you want to get well?” “Sir,” the invalid replied, “I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me.” Then Jesus said to him, “Get

up! Pick up your mat and walk.” At once the man was cured; he picked up his mat and walked.

Jesus heals

~ JOHN 9:5-11

“While I am in the world, I am the light of the world.” After saying this, he spit on the ground, made some mud with the saliva, and put it on the man’s eyes. “Go,” he told him, “wash in the Pool of Siloam” (this word means “Sent”). So the man went and washed, and came home seeing. His neighbors and those who had formerly seen him begging asked, “Isn’t this the same man who used to sit and beg?” Some claimed that he was. Others said, “No, he only looks like him.” But he himself insisted, “I am the man.” “How then were your eyes opened?” they asked. He replied, “The man they call Jesus made some mud and put it on my eyes. He told me to go to Siloam and wash. So I went and washed, and then I could see.”



Peter heals a lame man

~ ACTS 3:1-11

One day Peter and John were going up to the temple at the time of prayer—at three in the afternoon. Now a man who was lame from birth was being carried to the temple gate called Beautiful, where he was put every day to beg from those going into the temple courts. When he saw Peter and John about to enter, he asked them for money. Peter looked straight at him, as did John. Then Peter said, “Look at us!” So the man gave them his attention, expecting to get something from them.

Then Peter said, “Silver or gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk.” Taking him by the right hand, he helped him up, and instantly the man’s feet and ankles became strong. He jumped to his feet and began to walk. Then he went with them into the temple courts, walking and jumping, and praising

God. When all the people saw him walking and praising God, they recognized him as the same man who used to sit begging at the temple gate called Beautiful, and they were filled with wonder and amazement at what had happened to him.

Saul's sight is restored

~ ACTS 9:17-18

Then Ananias went to the house and entered it. Placing his hands on Saul, he said, "Brother Saul, the Lord—Jesus, who appeared to you on the road as you were coming here—has sent me so that you may see again and be filled with the Holy Spirit." Immediately, something like scales fell from Saul's eyes, and he could see again. He got up and was baptized.

Elijah and the widow's son

~ 1 KINGS 17:17-23

Some time later the son of the woman who owned the house became ill. He grew worse and worse, and finally stopped breathing. She said to Elijah, "What do you have against me, man of God? Did you come to remind me of my sin and kill my son?"

"Give me your son," Elijah replied. He took him from her arms, carried him to the upper room where he was staying, and laid him on his bed. Then he cried out to the LORD, "LORD my God, have you brought tragedy even on this widow I am staying with, by causing her son to die?" Then he stretched himself out on the boy three times and cried out to the LORD, "LORD my God, let this boy's life return to him!"

The LORD heard Elijah's cry, and the boy's life returned to him, and he lived. Elijah picked up the child and carried him down from the room into the house. He gave him to his mother and said, "Look, your son is alive!"

The Shunammite's son restored to life

~ 2 KINGS 4:8-37

One day Elisha went to Shunem. And a well-to-do woman was there, who urged him to stay for a meal. So whenever he came by, he stopped there to eat. She said to her husband, "I know that this man who often comes our way is a holy man of God. Let's make a small room on the

roof and put in it a bed and a table, a chair and a lamp for him. Then he can stay there whenever he comes to us.”

One day when Elisha came, he went up to his room and lay down there. He said to his servant Gehazi, “Call the Shunammite.” So he called her, and she stood before him. Elisha said to him, “Tell her, ‘You have gone to all this trouble for us. Now what can be done for you? Can we speak on your behalf to the king or the commander of the army?’”

She replied, “I have a home among my own people.”

“What can be done for her?” Elisha asked.

Gehazi said, “She has no son, and her husband is old.”

Then Elisha said, “Call her.” So he called her, and she stood in the doorway. “About this time next year,” Elisha said, “you will hold a son in your arms.”

“No, my lord!” she objected. “Please, man of God, don’t mislead your servant!”

But the woman became pregnant, and the next year about that same time she gave birth to a son, just as Elisha had told her. The child grew, and one day he went out to his father, who was with the reapers. He said to his father, “My head! My head!”

His father told a servant, “Carry him to his mother.” After the servant had lifted him up and carried him to his mother, the boy sat on her lap until noon, and then he died. She went up and laid him on the bed of the man of God, then shut the door and went out. She called her husband and said, “Please send me one of the servants and a donkey so I can go to the man of God quickly and return.”

“Why go to him today?” he asked. “It’s not the New Moon or the Sabbath.”

“That’s all right,” she said.

She saddled the donkey and said to her servant, “Lead on; don’t slow down for me unless I tell you.” So she set out and came to the man of God at Mount Carmel.

When he saw her in the distance, the man of God said to his servant Gehazi, “Look! There’s the Shunammite! Run to meet her and ask her, ‘Are you all right? Is your husband all right? Is your child all right?’”

“Everything is all right,” she said.

When she reached the man of God at the mountain, she took hold of his feet. Gehazi came over to push her away, but the man of God said, “Leave her alone! She is in bitter distress, but the LORD has hidden it from me and has not told me why.”

“Did I ask you for a son, my lord?” she said. “Didn’t I tell you, ‘Don’t raise my hopes’?”

Elisha said to Gehazi, “Tuck your cloak into your belt, take my staff in your hand and run. Don’t greet anyone you meet, and if anyone greets you, do not answer. Lay my staff on the boy’s face.”

But the child’s mother said, “As surely as the LORD lives and as you live, I will not leave you.” So he got up and followed her.

Gehazi went on ahead and laid the staff on the boy’s face, but there was no sound or response. So Gehazi went back to meet Elisha and told him, “The boy has not awakened.”

When Elisha reached the house, there was the boy lying dead on his couch. He went in, shut the door on the two of them and prayed to the LORD. Then he got on the bed and lay on the boy, mouth to mouth, eyes to eyes, hands to hands. As he stretched himself out on him, the boy’s body grew warm. Elisha turned away and walked back and forth in the room and then got on the bed and stretched out on him once more. The boy sneezed seven times and opened his eyes.

Elisha summoned Gehazi and said, “Call the Shunammite.” And he did. When she came, he said, “Take your son.” She came in, fell at his feet and bowed to the ground. Then she took her son and went out.

Health

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.

~ **3 JOHN 1:2**

LORD my God, I called to you for help, and you healed me.

~ **PSALM 30:2**

He heals the brokenhearted And binds up their wounds. (NKJV)

~ **PSALM 147:3**

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul

~ **3 JOHN 1:2**





Healing

Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom, and healing every disease and sickness among the people. News about him spread all over Syria, and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed; and he healed them.

~ **MATTHEW 4: 23-24**

Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness.

~ **MATTHEW 9:35**

Jesus called his twelve disciples to him and gave them authority to drive out impure spirits and to heal every disease and sickness... Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received freely give.

~ **MATTHEW 10: 1-8**

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and

humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

~ **MATTHEW 11: 28-30**

The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free.

~ **LUKE 4:18**

And the people all tried to touch him, because power was coming from him and healing them all.

~ **LUKE 6:19**

When the crowds learned it, they followed him, and he welcomed them and spoke to them of the kingdom of God and cured those who had need of healing.

~ **LUKE 9:11**

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

~ **JOHN 14:27**

Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.

~ **ACTS 4:30**

You know what has happened throughout the province of Judea, beginning in Galilee after the baptism that John preached - how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.

~ **ACTS 10:37-38**

Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

~ **JAMES 5:14-16**

Praise for God's Love

Praise the Lord, O my soul. And all that is within me, praise His holy name. Praise the Lord, O my soul. And forget none of His acts of kindness. He forgives all my sins. He heals all my diseases. He saves my life from the grave. He crowns me with loving-kindness and pity. He fills my years with good things and I am made young again like the eagle.

~**PSALM 103: 1-5**

Lord my God, I called to you for help, and you healed me.

~ **PSALM 30:2**

for I am the Lord, who heals you.

~ **EXODUS 15:26**

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

~ **PHILIPPIANS 4:19**

They will see the shining-greatness of the Lord, the wonderful power of our God. Give strength to weak hands and to weak knees. Say to those whose heart is afraid, "Have strength of heart, and do not be afraid. See, your God will come ready to punish. He will come to make sinners pay for their sins, but He will save you." Then the eyes of the blind will be opened. And the ears of those who cannot hear will be opened. Then those who cannot walk will jump like a deer. And the tongue of those who cannot speak will call out for joy.

~ **ISAIAH 35: 2B-6A**

He gives power to the weak, and to those who have no might He increases strength...Those who wait on the LORD shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

~ **ISAIAH 40:29,31**

Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with my righteous right hand.

~ **ISAIAH 41:10**

Jeremiah Prays for Help

Heal me, O Lord, and I will be healed. Save me and I will be saved. For You are my praise.

~ **JEREMIAH 17:14**



Spiritual Healing

And he said to her, “Daughter, your faith has made you well; go in peace, and be healed of your disease.”

~ **MARK 5:34**

And he said to him, “Rise and go your way; your faith has made you well.”

~ **LUKE 17:19**

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

~ **JAMES 5:6**

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.”

~ **1 PETER 2:24**

And my God will supply every need of yours according to his riches in glory in Christ Jesus.

~ **PHILIPPIANS 4:19**

Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

~ **JAMES 5:14-16**

A cheerful heart is good medicine, but a broken spirit saps a person’s strength.

~ **PROVERBS 17:22**

The human spirit can endure in sickness, but a crushed spirit who can bear?

~ **PROVERBS 18:14**

For God gave us a spirit not of fear but of power and love and self-control.

~ **2 TIMOTHY 1:7**

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

~ **1 CORINTHIANS 6:19-20**



Emotional/Psychological Healing

Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness.

~ **MATTHEW 9:35**

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

~ **MATTHEW 11:28-29**

And implored him that they might only touch the fringe of his garment. And as many as touched it were made well.

~ **MATTHEW 14:36**

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

~ **JOHN 14:27**

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

~ **PHILIPPIANS 4:6-7**

Casting all your anxieties on him, because he cares for you.

~ **1 PETER 5:7**

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

~ **1 CORINTHIANS 10:13**

He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.

~ **REVELATION 21:4**

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

~ **2 CORINTHIANS 12: 9-10**

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

~ **PHILIPPIANS 4: 6-7**

For as the body apart from the spirit is dead, so also faith apart from works is dead.

~ **JAMES 2:26**

But God shows his love for us in that while we were still sinners, Christ died for us.

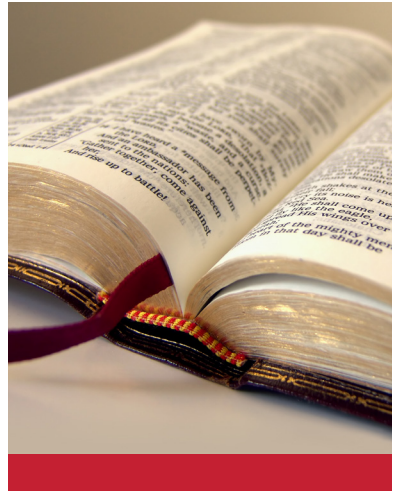
~ **ROMANS 5:8**

And we know that for those who love God all things work together for good, for those who are called according to his purpose.

~ **ROMANS 8:28**

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

~ **ROMANS 12:2**



Physical Healing

On hearing this, Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”

~ **MARK 2:17**

And a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, “Woman, you are set free from your infirmity.” Then he put his hands on her, and immediately she straightened up and praised God.

~ **LUKE 13:11-13**

There he found a man named Aeneas, who was paralyzed and had been bedridden for eight years. “Aeneas,” Peter said to him, “Jesus Christ heals you. Get up and roll up your mat.” Immediately Aeneas got up.

~ **ACTS 9:33-34**

He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.

~ **1 PETER 2:24**

People with understanding control their anger; a hot temper shows great foolishness.

A peaceful heart leads to a healthy body; jealousy is like cancer in the bones.

Those who oppress the poor insult their Maker, but helping the poor honors him.

~ **PROVERBS 14:29-31**

Other

Praying for the sick

~ JAMES 5:13-15

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.

Hezekiah's sickness and recovery

~ ISAIAH 38 1-21

About that time Hezekiah became deathly ill, and the prophet Isaiah son of Amoz went to visit him. He gave the king this message: "This is what the LORD says: 'Set your affairs in order, for you are going to die. You will not recover from this illness.'"

When Hezekiah heard this, he turned his face to the wall and prayed to the LORD, "Remember, O LORD, how I have always been faithful to you and have served you single-mindedly, always doing what pleases you." Then he broke down and wept bitterly.

Then this message came to Isaiah from the LORD: "Go back to Hezekiah and tell him, 'This is what the LORD, the God of your ancestor David, says: I have heard your prayer and seen your tears. I will add fifteen years to your life, and I will rescue you and this city from the king of Assyria. Yes, I will defend this city.

"And this is the sign from the LORD to prove that he will do as he promised: I will cause the sun's shadow to move ten steps backward on the sundial[a] of Ahaz!" So the shadow on the sundial moved backward ten steps.

Hezekiah's poem of praise

When King Hezekiah was well again, he wrote this poem:

I said, "In the prime of my life,
must I now enter the place of the dead?
Am I to be robbed of the rest of my years?"

I said, “Never again will I see the LORD GOD
while still in the land of the living.
Never again will I see my friends
or be with those who live in this world.
My life has been blown away
like a shepherd’s tent in a storm.
It has been cut short,
as when a weaver cuts cloth from a loom.
Suddenly, my life was over.
I waited patiently all night,
but I was torn apart as though by lions.
Suddenly, my life was over.
Delirious, I chattered like a swallow or a crane,
and then I moaned like a mourning dove.
My eyes grew tired of looking to heaven for help.
I am in trouble, Lord. Help me!”
But what could I say?
For he himself sent this sickness.
Now I will walk humbly throughout my years
because of this anguish I have felt.
Lord, your discipline is good,
for it leads to life and health.
You restore my health
and allow me to live!
Yes, this anguish was good for me,
for you have rescued me from death
and forgiven all my sins.
For the dead[c] cannot praise you;
they cannot raise their voices in praise.
Those who go down to the grave
can no longer hope in your faithfulness.
Only the living can praise you as I do today.
Each generation tells of your faithfulness to the next.
Think of it—the LORD is ready to heal me!
I will sing his praises with instruments
every day of my life
in the Temple of the LORD.

Isaiah had said to Hezekiah’s servants, “Make an ointment from figs and spread it over the boil, and Hezekiah will recover.”

ISAIAH’S PROPHECY OF HEALING

~ **MATTHEW 8:16-17**

That evening they brought to him many who were oppressed by demons, and he cast out the spirits with a word and healed all who were sick. This was to fulfill what was spoken by the prophet Isaiah: “He took our illnesses and bore our diseases.”

~ **ISAIAH 53:4-6**

For sure He took on Himself our troubles and carried our sorrows. Yet we thought of Him as being punished and hurt by God, and made to suffer. But He was hurt for our wrong-doing. He was crushed for our sins. He was punished so we would have peace. He was beaten so we would be healed. All of us like sheep have gone the wrong way. Each of us has turned to his own way. And the Lord has put on Him the sin of us all.



Healing Saints

When praying for health, physical healing, and for peace and well-being consider the following saints:

Nurses	St. Catherine of Siena
Nurses and caregivers	St. Elizabeth
Nurses	St. Agatha of Sicily
Physicians and surgeons	St. Luke
Healing	St. Raphael the Archangel
Hospitals, healthcare workers	St. Camillus of Lellis

AILMENTS

Addictions	St. Maximilian Kolbe
Arthritis	St. Alphonsus Ligouri
Babies, Infants, Children's Health	St. Philomena
Back Pain	St. Gemma Galgani
Breast Cancer	St. Agatha
Broken Bones	St. Stanislaus Kostka
Burns	St. John the Apostle
Cancer	St. Peregrine
Chronic Illness and Suffering	St. Lidwina of Schiedam
Cramps, Abdominal Pain	St. Erasmus of Formiae (St. Elmo)
Diabetes	St. Josemaria Escriva
Epilepsy and Seizures	St. Vitus
Eye Disorders	St. Lucy
Head Injuries	Blessed John Licci
Headaches	St. Teresa of Avila
Heart Disease, Heart Attack	St. John of God
Impossible Causes	St. Jude Thaddeus
Infections	St. Agrippina of Mineo
Infertility, Miscarriage, Childbirth	St. Gerard
Kidney Disease	St. Benedict
Lung and Respiratory Problems	St. Bernardine of Siena
Obesity, Stomach Ailments	St. Charles Borromeo
Pain, Suffering, Healing	St. Pio of Pietrelcina
Sickness	St. Camillus of Lellis
Skin Disease	St. Anthony of the Desert
Stress, Anxiety, Mental Health	St. Dymphna
Strokes, High Blood Pressure	St. Andrew Avellino
Surgery	St. Luke the Evangelist
Throat Ailments	St. Blaise
Toothache, Dental Problems	St. Apollonia
Wounds	St. Rita

An Ignatian Daily Examen for illness and pain

Dr. Miti von Weissenberg

AWARENESS

- I become consciously aware of my body as a part of me and as part of Creation, separate and intrinsically one.
- How does my body feel at this moment?

RECALL

- In what ways has my body shown up for me today, making my daily tasks possible?
- In what ways has my body sought to communicate with me today?
- What have I done for my body today?

REFLECT

- What emotions did I bring to my body, my relationship to it, and my care for it?
- What about my body and my relationship to it am I grateful for today?
- Whom am I particularly grateful for today as they have helped me today or in the past with my body?

RESPOND

- What will I do tomorrow to support my body both as is and in its tasks and roles?



Ad Majorem Dei Gloriam



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1010 N. Hooker Street | Chicago, IL 60642