

Week 3/4

I ask to keep in focus my purpose in life: to praise God my creator and thank God—especially by being of service to others.

I ask to be inspired by people who are models of freedom and balance for me.

In my own words, what I ask is . . .



In the beginning God created the heavens and the earth.
- Genesis 1:1

Reading

Brackley – 25. School of Prayer pp. 235-243

The summary teaching on Ignatian-style praying is crucial. Come back to it at mid-week or in the “Pause” of Fall break.

Creighton – 3. Picture of Harmony / 4. Living in Balance pp. 17-30

Suggestions

Going places: On the way to a meeting, to the restroom, to my lunch, to my car, I will consciously reflect on my purpose – free from judgement.

Read and ponder *For Ignatius the answers . . . to God’s creating family*, pp. 20 & 21.

List the people whose freedom to live and love is inspiring. Stay with, talk with one of them.

Scripture

Matthew 10:29-31: I could read these lines out loud and hear Jesus speaking them *to me*.

~~~~~

Aware of how Ignatius words the purpose of life, how do I word it for myself?

What have I learned this week that I want to hold on to?

Group Meeting: What do I want to bring to the group?