



# Engagement Checklist for Mentees

## Get to Know Your Mentor

- Tell me about your college experience and your career journey
- Who were some of your mentors? What did you learn from them?
- What choices went into picking your major? Are you happy with the route you chose? Why or why not?
- What advice would you give yourself at 20 years old?
- Tell me about your day to day
- What goals do you have at this stage in your career? How do you balance goal setting/achieving with everyday grind at the office?

## Keep Your Mentor in the Loop

- Discuss your semester workload and major projects/assignments
- Offer an update about your internship/job search
  - Ask for advice/guidance as you move through that process
- Vocalize your goals & create an accountability system w/ mentor
  - Ask for help when you need it!
- Find a check-in schedule that works for both parties

## Industry Expertise

- Learn together by reading/discussing news articles, listening to podcasts together or breaking down the latest industry trends
  - Give me 2 or 2 ideas that stuck with you about \_\_\_\_.
  - How will this industry change impact your work?
  - What are your thoughts regarding \_\_\_\_?
  - Based on \_\_\_\_, how can I adjust my mindset to improve my results? How have you adjusted in the past to improve?
  - After reading \_\_\_\_, these were my takeaways.



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## Hobbies & Personal Interests

- Creative Hobbies - Writing, art, photography, music, etc.
- Physical Hobbies - Sports, fitness, dance, hiking, etc.
- Educational Hobbies - Languages, reading, podcasts, etc.
- Culinary Hobbies - Cooking, baking, restaurants, gardening, etc.
- Social Impact - Community service, volunteering, etc.
- Traveling - Favorite locations, road trips, recommendations, etc.
- Personal Development - Meditation, journaling, church, etc.
- Technology - Video games, coding, robotics, etc.
- Collecting - Baseball cards, Legos, key chains, mugs, etc.
- Entertainment/Media - Movies, TV, music, etc.
- Family - Significant other, children, relatives, pets, etc.
- Bucket List - Share bucket list items and talk about hopes/dreams

## Ask for Life Advice

- How do I maximize my time at Xavier? What stands out about your collegiate experience?
- What can I expect professionally after I graduate? How can I start preparing for the changes of post-graduate life right now?
- How do you organize your day? What organizational systems have you used in the past? What works best for you?